




**The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.**

**This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, go to [kingcounty.gov/benefits](http://kingcounty.gov/benefits). For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at [www.healthcare.gov/sbc-glossary](http://www.healthcare.gov/sbc-glossary) or call 206-684-1556 to request a copy.

Important Questions	Answers	Why This Matters:
<b>What is the overall deductible?</b>	\$300 person / \$900 family (Gold) \$600 person / \$1,800 family (Silver) \$800 person / \$2,400 family (Bronze) Doesn't apply to prescription drugs, preventive care or hearing aids.	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
<b>Are there services covered before you meet your deductible?</b>	Yes. <u>Preventive care</u> and primary care services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't met the <u>deductible</u> , but a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="http://www.healthcare.gov/coverage/preventive-care-benefits/">www.healthcare.gov/coverage/preventive-care-benefits/</a> .
<b>Are there other deductibles for specific services?</b>	No	You don't have to meet <u>deductibles</u> for specific services.
<b>What is the out-of-pocket limit for this plan?</b>	For network providers \$1,100 person / \$2,500 family (Gold) \$1,600 person / \$3,800 family (Silver) \$2,000 person / \$4,800 family (Bronze) For out-of-network providers \$1,900 person / \$4,100 family (Gold) \$2,400 person / \$5,400 family (Silver) \$2,800 person / \$6,400 family (Bronze)	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met. <b>Note:</b> Amounts you pay for <u>deductibles</u> , <u>copayments</u> , and <u>coinsurance</u> go toward your <u>out-of-pocket limit</u> .
<b>What is not included in the out-of-pocket limit?</b>	<u>Premiums</u> , <u>balance-billing</u> charges, prescription drugs, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> . Separate out-of-pocket limit for prescription drugs: \$1,500 person / \$3,000 family.
<b>Will you pay less if you use a network provider?</b>	Yes. See <a href="http://www.regence.com">www.regence.com</a> or call 1-800-376-7926 for a list of <u>network providers</u> .	This <u>plan</u> uses a provider <u>network</u> . You pay less if you use a <u>provider</u> in the <u>network</u> . You will pay more if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
<b>Do you need a referral to see a specialist?</b>	No	You can see the <u>specialist</u> you choose for covered services without a <u>plan</u> referral.

 All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information*
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	15% (Gold) 25% (Silver) 25% (Bronze)	35% (Gold) 45% (Silver) 45% (Bronze)	Coverage limited to 60 visits/year for acupuncture. Coverage limited to 33 visits/year for spinal manipulations.
	<u>Specialist</u> visit	25% (Bronze)	45% (Bronze)	
	<u>Preventive care/screening/immunization</u>	No charge	35% (Gold) 45% (Silver) 45% (Bronze)	<u>Deductible</u> is waived
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	15% (Gold) 25% (Silver) 25% (Bronze)	35% (Gold) 45% (Silver) 45% (Bronze)	None
	Imaging (CT/PET scans, MRIs)	25% (Bronze)	45% (Bronze)	
If you need drugs to treat your illness or condition More information about <u>prescription drug coverage</u> is available at <a href="http://kingcounty.gov/benefits">kingcounty.gov/benefits</a>	Generic drugs	\$7 <u>copay</u> / retail prescription \$14 <u>copay</u> / mail order prescription	\$7 <u>copay</u> plus remaining balance after pharmacy is paid at network rate	Covers up to a 30-90 day supply, depending on the drug, for retail and mail order prescriptions through CVS Caremark.
	Preferred brand drugs	\$30 <u>copay</u> / retail prescription \$60 <u>copay</u> / mail order prescription	\$30 <u>copay</u> plus remaining balance after pharmacy is paid at network rate	
	Non-preferred brand drugs	\$60 <u>copay</u> / retail prescription \$120 <u>copay</u> / mail order prescription	\$60 <u>copay</u> plus remaining balance after pharmacy is paid at network rate	
	<u>Specialty drugs</u>	According to the generic, preferred and non-preferred drug categories	Only available through CVS Specialty after one courtesy fill at retail pharmacy	Coverage limited to a 30-day supply (mail-order prescription through CVS Specialty only).
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	15% (Gold) 25% (Silver) 25% (Bronze)	35% (Gold) 45% (Silver) 45% (Bronze)	<u>Preauthorization</u> may be required. Diagnostic services not covered unless medically necessary.
	Physician/surgeon fees	25% (Bronze)	45% (Bronze)	
If you need immediate medical attention	<u>Emergency room care</u>	Emergency or non-emergency care, after \$200 copay/visit: 15% (Gold) 25% (Silver) 25% (Bronze)	Emergency care, after \$200 copay/visit: 15% (Gold) 25% (Silver) 25% (Bronze) Non-emergency care, after	<u>Copayment</u> waived if directly admitted as an inpatient to a hospital or facility.

\* For more information about limitations and exceptions, see the plan or policy document at [www.kingcounty.gov/benefits](http://www.kingcounty.gov/benefits).

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information*
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
			\$200 copay/visit: 35% (Gold) 45% (Silver) 45% (Bronze)	
	<u>Emergency medical transportation</u>	15% (Gold) 25% (Silver) 25% (Bronze)	15% (Gold) 25% (Silver) 25% (Bronze)	None
	<u>Urgent care</u>	15% (Gold) 25% (Silver) 25% (Bronze)	35% (Gold) 45% (Silver) 45% (Bronze)	None
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	15% (Gold) 25% (Silver)	35% (Gold) 45% (Silver)	<u>Preauthorization</u> may be required. Diagnostic services not covered unless medically necessary.
	Physician/surgeon fees	25% (Bronze)	45% (Bronze)	
<b>If you need mental health, behavioral health, or substance abuse services</b>	Outpatient services	15% (Gold) 25% (Silver)	35% (Gold) 45% (Silver)	<u>Preauthorization</u> required for inpatient services.
	Inpatient services	25% (Bronze)	45% (Bronze)	
<b>If you are pregnant</b>	Office visits			<u>Cost sharing</u> does not apply to certain <u>preventive services</u> . Depending on the type of services, <u>coinsurance</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (e.g, ultrasound).
	Childbirth/delivery professional services	15% (Gold) 25% (Silver)	35% (Gold) 45% (Silver)	
	Childbirth/delivery facility services	25% (Bronze)	45% (Bronze)	
<b>If you need help recovering or have other special health needs</b>	<u>Home health care</u>	No charge	No charge	<u>Preauthorization</u> required. Coverage limited to 130 visits/year for combined <u>network</u> and <u>out-of-network</u> services. <u>Deductible</u> applies.
	<u>Rehabilitation services</u>	15% (Gold) 25% (Silver) 25% (Bronze)	35% (Gold) 45% (Silver) 45% (Bronze)	Coverage limited to 60 inpatient days/year and 60 outpatient visits for all therapies combined: massage, physical, occupational, and speech.
	<u>Habilitation services</u>	15% (Gold) 25% (Silver) 25% (Bronze)	35% (Gold) 45% (Silver) 45% (Bronze)	Coverage is limited to neurodevelopmental therapy.
	<u>Skilled nursing care</u>	15% (Gold) 25% (Silver) 25% (Bronze)	35% (Gold) 45% (Silver) 45% (Bronze)	<u>Preauthorization</u> required.
	<u>Durable medical equipment</u>	15% (Gold) 25% (Silver)	35% (Gold) 45% (Silver)	Coverage for hearing aids limited to \$500 in three calendar years.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information*
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
		25% (Bronze)	45% (Bronze)	
	<u>Hospice services</u>	No charge	No charge	<u>Deductible</u> applies.
If your child needs dental or eye care	Children's eye exam	Not covered	Not covered	None
	Children's glasses			
	Children's dental check-up			

### Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other <u>excluded services</u> .)			
• Cosmetic surgery	• Long-term care	• Routine foot care	
• Dental care (Adult)	• Routine eye care (Adult)	• Weight loss programs	
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)			
• Acupuncture	• Chiropractic care	• Infertility treatment	
• Bariatric surgery	• Hearing Aids	• Non-emergency care when traveling outside the U.S.	
		• Private-duty nursing	

**Your Rights to Continue Coverage:** The following agency can help if you want to continue your coverage after it ends: Department of Health and Human Services, Center for Consumer Information & Insurance Oversight, 1-877-267-2323 x61565 or [www.cciio.cms](http://www.cciio.cms). Other coverage options may also be available, including buying individual insurance coverage through the Health Insurance Marketplace. For more information, visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact Regence BlueShield at 800-376-7926 or [www.regence.com](http://www.regence.com), or CVS Caremark at 844-380-8838 or [www.caremark.com/wps/portal](http://www.caremark.com/wps/portal).

### Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

—————To see examples of how this plan might cover costs for a sample medical situation, see the next section.—————

## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

### Having a Baby

(Nine months of in-network prenatal care and a hospital delivery.)

■ The plan's overall <u>deductible</u> (Bronze)	\$800
■ <u>Specialist coinsurance</u> (Bronze)	25%
■ <u>Hospital (facility) coinsurance</u> (Bronze)	25%
■ <u>Other coinsurance</u> (Bronze)	25%

#### This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
 Diagnostic tests (*ultrasounds and blood work*)  
 Specialist visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,731</b>
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#### In this example, the patient would pay:

Cost Sharing	
Deductibles	\$800
Copayments	\$0
Coinsurance	\$1,200
What isn't covered	
Limits or exclusions	\$60
<b>Total the patient would pay</b>	<b>\$2,060</b>

### Managing Type 2 Diabetes

(One year of routine in-network care for a well-controlled condition.)

■ The plan's overall <u>deductible</u>	\$800
■ <u>Specialist coinsurance</u> (Bronze)	25%
■ <u>Hospital (facility) coinsurance</u> (Bronze)	25%
■ <u>Other coinsurance</u> (Bronze)	25%

#### This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)  
 Diagnostic tests (*blood work*)  
 Prescription drugs  
 Durable medical equipment (*glucose meter*)

<b>Total Example Cost</b>	<b>\$7,389</b>
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#### In this example, the patient would pay:

Cost Sharing	
Deductibles	\$800
Copayments	\$525
Coinsurance	\$675
What isn't covered	
Limits or exclusions	\$55
<b>Total the patient would pay</b>	<b>\$2,055</b>

### Simple Fracture

(One in-network emergency room visit and follow up care.)

■ The plan's overall <u>deductible</u> (Bronze)	\$800
■ <u>Specialist coinsurance</u> (Bronze)	25%
■ <u>Hospital (facility) coinsurance</u> (Bronze)	25%
■ <u>Other coinsurance</u> (Bronze)	25%

#### This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)  
 Diagnostic test (*x-ray*)  
 Durable medical equipment (*crutches*)  
 Rehabilitation services (*physical therapy*)

<b>Total Example Cost</b>	<b>\$1,925</b>
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#### In this example, the patient would pay:

Cost Sharing	
Deductibles	\$800
Copayments	\$0
Coinsurance	\$481
What isn't covered	
Limits or exclusions	\$0
<b>Total the patient would pay</b>	<b>\$1,281</b>

Note: These numbers assume the patient has **not** participated in the Healthy Incentives wellness program and has the **Bronze** out-of-pocket medical expense level. For more information about Healthy Incentives, please go to [kingcounty.gov/healthy-incentives](http://kingcounty.gov/healthy-incentives).